

Our Agreement to you, our valued client:

1. Remembering that this is *your* recovery, I agree to demonstrate and provide a safe, trusting, and respectful environment by:
 - a. Establishing clear agreements.
 - b. Demonstrating understanding of, and respect for, your capacity and learning style and adapting to changes in capacity or style over time.
 - c. Making efforts to understand and respect socio-cultural factors that affect you and the coaching relationship.
 - d. Coaching to increase your motivation and confidence and help you embrace positive behaviors and actions that help you achieve your recovery goals.
 - e. Being engaged, fully present, confident, flexible and responsive.
 - f. Acknowledging and embracing your successes and failures as opportunities for growth.
 - g. Asking your permission to coach topics that may be sensitive.
 - h. Communicate that reaching your recovery goals is a process that takes place over time.
 - i. Develop and maintain ongoing awareness of your needs, desires, strengths and potential.
 - j. Coach to develop your courage, strength, resilience and autonomy.
 - k. Coach to help you develop a support system that helps you build Recovery Capital.
 - l. Support your ongoing development of a dynamic, satisfying, sustainable life in Recovery.

2. Confidentiality:
 - a. I will carefully guard and maintain your right to confidentiality. Only when you give express written permission will I disclose confidential, professional communication to a third party.
 - b. Although confidentiality and privileged communication remains the rights of the client, state and local laws hold me responsible to report to the appropriate authorities all cases of child abuse, incest and molestation. If you communicate an intent to harm yourself or someone else, it is the coach's duty to warn/protect the person(s) involved.

Your Recovery Coach

Date